

## Menu for the Week of September 25<sup>th</sup>, 2023

	<i><b>Breakfast</b></i>	<i><b>Lunch</b></i>	<i><b>Snack</b></i>	<i><b>Dinner</b></i>	<i><b>Dessert</b></i>
<i><b>Monday, 25<sup>th</sup></b></i>	Sourdough Bagel, Cream Cheese & Berry Preserve	Chicken Cobb Salad with Home Made Ranch Dressing	Mediterranean Hummus with Rice Chips	Turkey with Piccata Sauce, Thyme and Chive Cauliflower Rice and Olive Oil Pine Nut Green Beans	Butter Pecan Shortbread Cookie
<i><b>Tuesday, 26<sup>th</sup></b></i>	Cheddar Scramble, Roasted Asparagus, Roasted Tomato & Harissa Ketchup	Chili Lime Shrimp Tacos	Apple with Almond Butter	Masala Rubbed Lamb, Golden Raisin and Almond Couscous, Minted Broccolini & Lemon Yogurt	Happy Cupcake with Berry Frosting
<i><b>Wednesday, 27<sup>th</sup></b></i>	Walnut French Toast with Cherry Maple Syrup and Fresh Blueberries	Arugula Salad, Fig Balsamic Dressing	Bison Sliders	Pita Crusted Greek Chicken, Roasted Potatoes, Grilled Zucchini & Tahini Sauce	Caramel Apple Cheesecake
<i><b>Thursday, 28<sup>th</sup></b></i>	Smoked Chicken Sausage & Pepper Frittata with Fresh Pineapple	Cuban Turkey Picadillo Bowl	Autumn Orange and Cranberry Parfait	Roasted Salmon, Minted Quinoa & Hazelnut-Roasted Red Pepper Relish	Blueberry Upside-Down Cake
<i><b>Friday, 29<sup>th</sup></b></i>	Gluten Free Turkey Bacon Muffin with Chive Cream Cheese and Fresh Fruit	Grilled Chicken, Spinach & Arugula Salad, Carrot Ginger Dressing	Creamy Dill Dip with Pita Chips	Asian Chili Glazed Barramundi & Soba Noodles	Peaches & Cream Tapioca Pudding
<i><b>Saturday, 30<sup>th</sup></b></i>	Mediterranean Scramble, Roasted Tomato, Bacon	Tuna Salad Pita Pocket	Asian Edamame Salad	Balsamic Orange Chicken with Coriander Ginger Glazed Carrots and Asparagus	Walnut Cherry Biscotti
<i><b>Sunday, 1<sup>st</sup></b></i>	Banana Cocoa Cashew Oatmeal	Cranberry Pecan Salad with Feta Cheese and Turkey	Thai Chicken with Peanut Sauce & Celery Sticks	Dan Dan Noodles	Guava Jam Bar