

## Menu for the Week of July 19<sup>th</sup>, 2021

	<i><b>Breakfast</b></i>	<i><b>Lunch</b></i>	<i><b>Snack</b></i>	<i><b>Dinner</b></i>	<i><b>Dessert</b></i>
<i><b>Monday, 19<sup>th</sup></b></i>	Chocolate Peanut Butter Overnight Oats	Vegetarian Greek Salad with Red Wine Vinaigrette	Cantaloupe and Strawberries with Almonds	Turkey Francaise with Broccoli and Basil Cauliflower Mash, Au Jus	Gingerbread Short Bread Cookie
<i><b>Tuesday, 20<sup>th</sup></b></i>	Sundried Tomato and Feta Frittata with Sweet Potato Hash with Roasted Asparagus	Gazpacho Soup with a Small Mixed Green Salad	Zaatar Hummus with Crudités	Miso White Fish with Bok Choy, Carrots and Shitake Mushrooms	Tiramisu Cupcake
<i><b>Wednesday, 21<sup>st</sup></b></i>	Apple Ricotta Crepes	Chicken Caesar Salad	Creamy Dill Dip with Rice Chips	Balsamic Orange Chicken with Israeli Couscous and Asparagus	Ancho Chili Bar
<i><b>Thursday, 22<sup>nd</sup></b></i>	Mediterranean Scramble, Roasted Tomatoes, Bacon	Tri Colored Potato, Turkey Bacon and Kale Salad with Dijon Vinaigrette	Artichoke Dip with Crudites	Cuban Flat Iron Steak with Cilantro Rice and Cuban Black Beans	Pignoli Cookie
<i><b>Friday, 23<sup>rd</sup></b></i>	Zen Granola Parfait	Japanese Yakitori Chicken Salad	Chiang Mai Pork Patties	Salmon with Pomegranate Glaze, Carrots and Broccoli	Almond Daisy Cake
<i><b>Saturday, 24<sup>th</sup></b></i>	Chicken Chorizo Scramble with Fresh Sliced Oranges	Shrimp and Corn Chowder	Organic Edamame with Strawberries	Shredded BBQ Pork with Pineapple Rice & Swiss Chard	Coffee Biscotti
<i><b>Sunday, 25<sup>th</sup></b></i>	Gluten Free Spinach, Mushroom Biscuit and Fresh Kiwi and Blueberry	Israeli Roasted Eggplant Wrap	Southwestern Bean Dip with Crudites	Turkey Meatballs with Marinara, Strozzapreti and Grilled Yellow Squash and Zucchini	Chocolate Tapioca Pudding