

Menu for the Week of March 23rd, 2020

	<i>Breakfast</i>	<i>Lunch</i>	<i>Snack</i>	<i>Dinner</i>	<i>Dessert</i>
<i>Monday, 23rd</i>	Raspberry Almond Oatmeal	Seared Citrus Shrimp Salad with Walnuts, Pineapple and Poppyseed Dressing	Fresh Berry Parfait	Indian Cashew Chicken with Roasted Zucchini and Lentil Dahl	Apple Crumble
<i>Tuesday, 24th</i>	Mediterranean Scrambled Eggs with Herb Roasted Tomatoes	Chicken Tortilla Soup	Organic Edamame with Strawberries	Turkey Milanese with Garlic Mashed Potato and Olive Oil Almond Green Beans	Chocolate Coconut Cupcake
<i>Wednesday, 25th</i>	Walnut Coffee Cake with Low Fat Cottage Cheese and Fresh Oranges	Turkey Cobb Salad with Low Fat Ranch	Artichoke Dip with Rice Chips	BBQ Shredded Pork with Pineapple Rice and Swiss Chard	Blueberry Cheesecake Square
<i>Thursday, 26th</i>	Mushroom Frittata with Herbed Goat Cheese and Fresh Melon	Protein Style Sirloin Burger with Sweet Potato Wedges and Harissa Ketchup	Fresh Salsa with Rice Chips	Grilled Chicken Au Jus with Asparagus and Burbank Roasted Potato Wedges	Lemon Cashew Cookie
<i>Friday, 27th</i>	Strawberry Pancakes with Maple Syrup and Turkey Bacon	Chicken Primavera Bow	Fresh Orange Slices and Raspberries with Raw Almonds	Turkey Chili with Austin Corn Bread	Passion Fruit Panna Cotta
<i>Saturday, 28th</i>	Korean Tofu Egg Scramble, Bacon & Kimchi Rice and Gochujang Ketchup	Asian Edamame Salad with Zen Dressing	Mediterranean Hummus with Crudités	Asian Chili Glazed White Fish with Japanese Eggplant and Soba Noodles	Cloud Cake
<i>Sunday, 29th</i>	Breakfast Bulgur Wheat & Poached Mixed Berries	Grilled Sliced Chicken Salad with Pecans, Apples, Grapes and Celery with Apple Vinaigrette	Organic Quinoa Turkey Sliders with Romesco Sauce	Flat Iron Steak with Italian Broccoli Rabe and Thyme Cauliflower Rice	Dark Chocolate Hazelnut Bar