



## COLD-PRESSED JUICES



### **Blush | Blood flow regulator**

*Green Apple, Chia Seed, Watermelon, Parsnip, Strawberry, Beet*  
278 Calories, 48g carbs, 7g protein, 8g fat

- Natural Viagra
- Excellent source of fiber & Omega-3
- Increase blood flow
- Maintains elasticity of arteries and blood vessels
- Natural kidney cleanse
- Reduces joint inflammation



### **Green Dream | Sweet creamy green goodness**

*Almond Milk, Matcha Green Tea, Spirulina, Pure Maple Syrup, Hemp Seed and Himalayan Sea Salt*  
316 Calories, 59g carbs, 9g protein, 10g fat

- Increases energy
- Stimulates the metabolism
- Helps with mental clarity and promotes calm
- Contains high antioxidants to promote youth
- Offers essential amino acids, and high B-12 content



### **Cinna-Green | Disease fighting electrolyte tonic**

*Coconut Water, Green Apple, Swiss Chard, Cantaloupe and Cinnamon*  
86 Calories, 20g carbs, 2g protein, 1g fat

- Supplies electrolytes to replenish the body
- An excellent source of calcium, magnesium, and the vitamin K for standout bone support
- An abundance of potassium strengthens the cardiovascular system to bring healthy oxygen to the muscles and brain
- May reduce chronic inflammation linked to neurological disorders



### **Green E.N.V.Y. | Anti-inflammatory and immune system Support**

*Celery, Kale, Parsley, Lemon, Green Apple, Arugula and Spinach*  
58 Calories, 15g carbs, 2g protein, <1g fat

- Anti-inflammatory
- Helps support respiratory systems
- Promotes wound healing
- Strengthen the immune system
- Neutralizes acidity and balances the body's pH



### **Enlite-Mint | Refreshing, cooling and rehydrating**

*Watermelon and Mint*  
91 Calories, 19g carbs, 2g protein, 1g fat

- Exceptional source of energy
- Thirst quencher that boosts physical and mental conditions
- Can help normalize blood pressure
- Packed with vitamin C, beta-carotene, riboflavin, niacin, pantothenic acid, choline, calcium, iron, magnesium, manganese, potassium, phosphorous, sodium, zinc, lycopene and a host of the vitamins and minerals
- High in potassium helps with cramps and normalize the blood



### **Green Goddess | Digestive and Iron Infuser**

*Spinach, Pear, Mint, Strawberry and Celery*  
73 Calories, 18 carbs, 2g protein, 1g fat

- High Iron an essential mineral that strengthens your circulatory systems and enables your red blood cells to carry more oxygen to your lungs and every cell in your body
- High levels of vitamin C strengthens the immune system
- Anti-inflammatory effects
- High fiber to aid in digestion



### **Heart Beet | Blood cleansing cocktail**

*Beets, Green Apple, Celery, Green Grapes and Lime*  
103 Calories, 27g carbs, 2g protein, <1g fat

- Builds and detoxifies blood
- High in vitamins B1, B2 and B6
- Iron supports proper formation of red blood cells and aids in the movement of oxygen in your body



### **Great Balls of Fire | Energy and mood enhancer**

*Chia Seed, Tangerine, Cantaloupe, Pineapple, Strawberry, Ginger, Turmeric, Cayenne*  
316 Calories, 59g carbs, 9g protein, 10g fat

- Lowers blood pressure
- Improves mood, strength, energy & stamina
- Relieve muscle tension
- Metabolism booster
- Induces weight loss
- Sensation of satiety



### **Lean Greens | Detoxifying digester**

*Spinach, Celery, Fennel, Arugula, Green Apple, Cucumber and Lemon*  
54 Calories, 15g carbs, 2g protein, 2g fat

- Detoxifies your body
- Strengthen the immune system and support heart health
- Anti-aging and anti-inflammatory



## COLD-PRESSED JUICES



### **Lemon Drop | Iron rich immune booster**

*Lemon, Spinach, Pineapple, Pear and Papaya*

119 Calories, 31g carbs, 2g protein, 1g fat

- Strengthens the immune system and support heart health
- Anti-Inflammatory to help cool the body's joints and digestive track
- Strengthens your circulatory systems
- Helps normal functioning of your muscles, heart, and nerves



### **Supreme Green | Anti-inflammation elixer**

*Celery, Cucumber, Pineapple, Apple, Spinach, Lemon, Ginger*

120 Calories, 28g carbs, 3g protein, 1g fat

- Reduce the inflammation
- Remove Uric acid from joints
- Stimulate liver and activating bile flow
- Helps decrease muscle pain after an intense workout
- Protect cells, blood vessels and organs from oxidative damage



### **Maca Naka | Heavenly protein shake**

*Almond Milk, Coconut Water, Raw Cacao, Maca Root, Hemp Seed and Pure Maple Syrup*

264 Calories, 36g carbs, 7g protein, 10g fat

- Reduces risk for cancer
- Lowers cholesterol
- Boosts brain function
- Aids with metabolism and digestion
- Lowers risk for heart diseases



### **Sweet Pepper | Skin Enhancer and inflammation reducer**

*Pear, Green Grapes, Celery, Bell Pepper, Papaya and Lime*

118 Calories, 31g carbs, 2g protein, 1g fat

- Helps keep skin, hair and eyes looking youthful
- Supplies enzymes to help aid in digestion
- Stabilize blood sugar
- Reduce 'bad' cholesterol and inflammation



### **Milky Way | Smooth chocolaty nut milk**

*Almond Milk, Raw Cacao, Pure Maple Syrup, Himalayan Sea Salt, Date*

222 Calories, 37g carbs, 3g protein, 8g fat

- High in fiber to help digestion
- Excellent source Vitamin E magnesium and mono-unsaturated fats
- Protein to build muscle



### **Zen Master | Metabolic Boost**

*Lemon, Alkaline Water, Ginger, Pure Maple Syrup and Cinnamon*

157 Calories, 43g carbs, 2g protein, 1g fat

- Powerful anti-bacterial
- Anti-inflammatory
- Neutralize acidity and balances the body's pH
- Strengthens the immune system and cleanse the body



### **Sea Breeze | Mind & Body Empowerment**

*Pineapple, Green Apple, Hawthorn Berry, Mint*

150 Calories, 35g carbs, 4g protein, 1g fat

- Increases Stamina
- Reduces blood pressure
- Aids in digestion
- Natural skin therapy
- Slows aging process



### **ZENergy | Zingy immune boosting cocktail**

*Pineapple, Ginger, Alkaline Water and Coconut Water*

144 Calories, 32g carbs, 3g protein, 2g fat

- Aids in healthy digestion
- Strengthens the immune system
- An abundance of potassium strengthens the cardiovascular system to bring healthy oxygen to the muscles and brain
- Neutralizes acidity and balances the body's pH



### **Spicy Lemonade | Powerful cleansing refresher**

*Pineapple, Lemon, Celery, Cucumber, Alkaline Water, Turmeric and Cayenne*

88 Calories, 28g carbs, 2g protein, 1g fat

- Detoxifies organs
- Speeds up the metabolism
- Hydrates body
- Boosts immune system
- Mind & Body Empowerment