

Menu for January 12th, 2015

	Breakfast	Lunch	Snack	Dinner	Dessert
Monday, 12th	Scrambled Eggs with Spinach and Herbed Goat Cheese with Roasted Tomatoes	Shrimp Tacos	Caprese Salad	Peruvian Roasted Chicken	Vanilla Cupcake
Tuesday, 13th	ZEN Granola Parfait	Mediterranean Soup with Mini Blue Corn Muffin	Chicken Salad with Sage Aioli in Butter Lettuce Cups	Turkey Meatballs with Marinara Sauce, Whole Wheat Spaghetti and Mixta Salad	Oatmeal Chocolate Chip Cookie
Wednesday, 14th	Breakfast Pizza with Asparagus, Mushrooms and Fontina Cheese	Grilled Steak Salad with Japanese Ginger Dressing	Quinoa and Turkey Patties with Romanesco Sauce	Baked Fish n' Chips with Cabbage Slaw	Roasted Pear and Bread Pudding
Thursday, 15th	Apple Cinnamon Baked Oatmeal with Coconut Milk and Fresh Berries	Chicken Fajita Bowl with Pico de Gallo and Sour Cream	Fresh Melon with Greek Yogurt, Lime and Slivered Almonds	Turkey Milanese with Broccolini and Roasted Tomatoes	Peppermint Chocolate Bar
Friday, 16th	Persian Baked Herb Omelet with Fresh Melon	Chili Lime Chicken Burger with Broccoli Slaw	Tandoori Chicken Tenders with Mango Chutney	Filet Mignon with Cabernet Reduction, Carrot Puree and Grilled Eggplant	Chocolate Mousse
Saturday, 17th	Blueberry Lemon Pancakes with Ricotta Crème and Scrambled Eggs	Orange Roughy Po-Boy Wrap with Yam and Pineapple Mash	Grilled Quesadilla	Braised Paprika Chicken with Harvest Squash, Israeli Couscous	Chocolate Raspberry Pie
Sunday, 18th	Baked Eggs with Sausage and Black Eyed Pea Hash	Quinoa and Kale Salad with Shredded Chicken	Parsnip Hummus with Crudites	Honey Orange Pork Tenderloin with Brown Rice Pilaf, Roasted Corn and Collard Greens	Mango Strawberry Crème with Fresh Fruit