

Menu for the Week of May 21st, 2018

| | <i>Breakfast</i> | <i>Lunch</i> | <i>Snack</i> | <i>Dinner</i> | <i>Dessert</i> |
|------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------|
| <i>Monday, 21st</i> | Zen Fluffy Broccoli and Cheese Breakfast Egg Cup with Cinnamon Mini Muffin and Fresh Fruit | Fruity Quinoa Salad with Turkey | Southwestern Bean Dip with Rice Chips | Sweet and Sour Chicken | Gluten Free White Chocolate Chip and Pecan Cookie |
| <i>Tuesday, 22nd</i> | Strawberry French Toast with Maple Syrup, Chicken Apple Sausage and Fresh Strawberries | Protein Style Sirloin Burger with Chipotle Aioli and Yam Wedges | Asian Edamame Salad | White Fish with Roasted Ginger and Garlic Glaze with Black Rice and Asian Green Beans | Mango Strawberry Crème with Fresh Fruit |
| <i>Wednesday, 23rd</i> | Mushroom Frittata with Herbed Goat Cheese and Fresh Herbed Tomatoes | Chicken Caesar Salad | Shrimp with Bahian Sauce I | Mustard Molasses Pork with Sweet Potato Mash and Broccoli | Cloud Cake |
| <i>Thursday, 24th</i> | Walnut Amaranth Pancakes with Maple Syrup and Fresh Fruit | Paleo Turkey Chili with Austin Spring Corn Bread | Fresh Orange and Grapefruit with Raw Cashews | Grilled Lime Chicken with Rosemary Roasted Vegetables | Strawberry Cheesecake Squares |
| <i>Friday, 25th</i> | Chicken Chorizo Breakfast Burrito | Lemongrass Steak and Papaya Salad | Roasted Red Pepper and Basil Dip with Crudités | Herb Roasted Boneless Turkey Breast with Roasted Garlic Potato Mash and Green Beans | Coconut Cupcake |
| <i>Saturday, 26th</i> | Gluten Free Blueberry and Orange Oats Bowl | Gazpacho Soup with Small Spinach Salad | Korean Style Beef Lettuce Cup | Shrimp Laksa with Rice Noodles | Chocolate Hazelnut Mousse |
| <i>Sunday, 27th</i> | Baked Eggs Benedict Sausage and Black Eyed Pea Hash | Crab Cake Salad | Turkey Cranberry Pinwheel | Mediterranean Lamb Sirloin with Moroccan Couscous, Tzatziki Sauce and Asparagus | Pineapple Upside-Down Cake |