

Menu for the Week of November 13th, 2017

	<i>Breakfast</i>	<i>Lunch</i>	<i>Snack</i>	<i>Dinner</i>	<i>Dessert</i>
Monday, 13th	Chocolate Raspberry Chia Breakfast Bowl	Ahi Nicoise Salad with Dijon Vinaigrette	Buffalo Chicken Lettuce Cups	Flat Iron Steak with Thyme & Chive Cauliflower Rice and Roasted Zucchini	Strawberry Crème Tart
Tuesday, 14th	Gluten Free Ham and Fontina Breakfast Biscuit with Fresh Fruit	Chicken Fried Rice	White Bean and Basil Dip with Rice Chips	Coconut Curry with White Fish and Mixed Green Salad	Mango Cupcake
Wednesday, 15th	Gluten Free Blueberry and Orange Oats Bowl	Cannellini Beans Caesar Salad	Mini Sirloin Sliders with Dijon Mustard	Thai Noodles with Chicken, Spinach and Snow Peas	Raspberry Cheesecake Square
Thursday, 16th	Vegetable Soufflé with Mini Cinnamon Muffin and Fresh Fruit	Turkey Burger with Honey Mustard and Cucumber Salad	Black Bean Cakes with Cilantro Crème	Shredded BBQ Pork with Pineapple Rice and Swiss Chard	White Chocolate Chai Cookie
Friday, 17th	Waffles with Strawberry Compote and Chicken Apple Sausage	Tomato Basil Bisque with a Small Spinach Salad	Chicken Tenders with Honey Mustard	Turkey Meatballs with Marinara Sauce, Spaghetti and Broccoli	Chocolate Tapioca Pudding
Saturday, 18th	Turkey Bacon, Egg and Cheddar Breakfast Wrap with Fresh Fruit	Couscous Salad with Sliced Chicken and Edamame	Pineapples with Almonds	Salmon with Pomegranate Glaze, Carrots and Asparagus	Lemon Cashew Cookie
Sunday, 19th	Sweet Polenta Porridge with Coconut Milk, Almonds and Fresh Strawberries	Bison Chili with Austin Spring Corn Bread	Roasted Eggplant Dip with Crudités	Chicken Marsala with Long Grain and Wild Rice Pilaf and Green Beans	German Chocolate Cupcake