

Menu for the Week of September 18th, 2017

	<i>Breakfast</i>	<i>Lunch</i>	<i>Snack</i>	<i>Dinner</i>	<i>Dessert</i>
<i>Monday, 18th</i>	Waffles with Strawberry Compote and Chicken Apple Sausage	Ahi Nicoise Salad with Dijon Vinaigrette	Buffalo Chicken Lettuce Cups	Flat Iron Steak with Thyme & Chive Cauliflower Rice and Roasted Zucchini	American Pomegranate Yogi
<i>Tuesday, 19th</i>	Gluten Free Ham and Fontina Breakfast Biscuit with Fresh Fruit	Chicken Fried Rice	White Bean and Basil Dip with Rice Chips	Coconut Curry with White Fish and Mixed Green Salad	Mango Cupcake
<i>Wednesday, 20th</i>	Gluten Free Blueberry and Orange Oats Bowl	Cannellini Beans Caesar Salad	Mini Sirloin Sliders with Dijon Mustard	Chicken Marsala with Long Grain and Wild Rice Pilaf and Green Beans	Raspberry Cheesecake Square
<i>Thursday, 21st</i>	Vegetable Soufflé with Mini Cinnamon Muffin and Fresh Fruit	Turkey Gorgonzola Burger with BBQ Sauce and Creamy Peanut Slaw	Black Bean Cakes with Cilantro Crème	Shredded BBQ Pork with Pineapple Rice and Swiss Chard	White Chocolate Chai Cookie
<i>Friday, 22nd</i>	Chocolate Raspberry Chia Breakfast Bowl	Shrimp Gazpacho Soup with a Small Spinach Salad	Chicken Tenders with Honey Mustard	Turkey Meatballs with Marinara Sauce, Spaghetti and Broccolini	Strawberry Crème Tart
<i>Saturday, 23rd</i>	Turkey Bacon, Egg and Cheddar Breakfast Wrap with Fresh Fruit	Couscous Salad with Sliced Chicken and Edamame	Pineapples with Almonds	Salmon with Pomegranate Glaze, Carrots and Asparagus	Lemon Cashew Cookie
<i>Sunday, 24th</i>	Sweet Polenta Porridge with Coconut Milk, Almonds and Fresh Strawberries	Bison Chili with Austin Spring Corn Bread	Roasted Eggplant Dip with Crudités	Thai Chicken Noodle Salad with Spinach and Snow Peas	German Chocolate Cupcake