

## Menu for the Week of May 15th, 2017

	<i>Breakfast</i>	<i>Lunch</i>	<i>Snack</i>	<i>Dinner</i>	<i>Dessert</i>
<b>Monday, 15<sup>th</sup></b>	Blueberry, Hemp Granola Bowl	Tri Colored Potato, Organic Turkey Bacon, Kale Salad with Dijon Vinaigrette	Fresh Berry Parfait	White Fish with Jicama and Pineapple Salsa, Jasmine Rice and Roasted Eggplant	Chocolate Walnut Brownie
<b>Tuesday, 16<sup>th</sup></b>	Healthy Baked Eggs Benedict with Pork Canadian Bacon and Fresh Herbed Tomatoes	Shrimp Tacos	Hawaiian Pizza Bites	Lemon Chicken Breast with Greek Style Potatoes and Asparagus	Peanut Butter Chocolate Chip Cookie
<b>Wednesday, 17<sup>th</sup></b>	Lemon Poppy Seed Muffin with Fresh Fruit and Greek Yogurt	Chicken Caesar Salad	Paleo Indian Turkey Meatballs	Salmon with Citrus Glaze, Parsnip Puree and Garlicky Spinach	Caramelized Walnut Baked Apple
<b>Thursday, 18<sup>th</sup></b>	Spinach, Mushroom Breakfast Biscuit	Asian Steak Salad with Zen Dressing	Citrus Fruit with Raw Cashews	Calico Bean Stew with Mixed Green Salad	Dark Chocolate Almond Bar
<b>Friday, 19<sup>th</sup></b>	Maple Cinnamon Yogurt with Quinoa Pudding with Strawberries and Almonds	Mediterranean Chicken Wrap with Tzatziki Sauce	Bison Sliders with Sliced Tomatoes	Flat Iron Steak with Cabernet Reduction, Wheat Berry Pilaf and Roasted Squash	Tiramisu Cupcake
<b>Saturday, 20<sup>th</sup></b>	Black Bean Breakfast Burrito	Turkey Burger with Chipotle Aioli and Cherry Tomato Salad	White Fish Ceviche with Cucumber Spears	Thai Coconut Chicken Noodle Soup	Mango Mousse
<b>Sunday, 21<sup>st</sup></b>	Coconut French Toast with Strawberry Maple Syrup and Fresh Berries	Cajun Garlic Shrimp Noodle Bowl	Red Pepper Hummus with Crudités	Turkey Francaise with Seared Brocolini and Basil Cauliflower Mash	Mojito Crème with Fresh Fruit