

Menu for the Week of April 24th, 2017

	<i>Breakfast</i>	<i>Lunch</i>	<i>Snack</i>	<i>Dinner</i>	<i>Dessert</i>
<i>Monday, 24th</i>	Cinnamon Baked Oatmeal with Spiced Peaches and Almond Milk	Butternut Apple Bisque with Spinach Salad	Roasted Red Pepper and Basil Dip with Rice Chips	Greek Lemon Chicken with Tomato Fennel Sauce, Whole Wheat Orzo and Spinach	Double Chocolate Chip Cookie
<i>Tuesday, 25th</i>	Strawberry French Toast with Maple Syrup and Fresh Strawberries	Fruity Quinoa Salad with Shredded Turkey	Fresh Fruit with Raw Walnuts	White Fish with Fresh Ginger and Garlic with Black Rice and Asian Green Beans	Pineapple Upside-Down Cake
<i>Wednesday, 26th</i>	Mushroom Frittata with Herbed Goat Cheese and Fresh Fruit	Chicken Primavera Bowl	Asian Edamame Salad	Mustard Molasses Pork with Sweet Potato Mash and Broccoli	Cloud Cake
<i>Thursday, 27th</i>	Blueberry Lemon Pancakes with Maple Syrup and Turkey Bacon	Paleo Turkey Chili with Austin Spring Corn Bread	BBQ Cauliflower with Pecans	Kung Pao Chicken with Jasmine Rice	Apricot Jam Bar
<i>Friday, 28th</i>	Chicken Chorizo Breakfast Burrito	Light and Luscious Turkey Cobb Salad with Low Fat Ranch	Korean Style Beef Lettuce Cup	Coriander Crusted Salmon with Picatta Sauce, Broccoli and Quinoa	Dulce De Leche Chocolate Cupcake
<i>Saturday, 29th</i>	Gluten Free Zucchini Bread with Cottage Cheese and Fresh Fruit	Crab Cake Salad	Japanese Chicken Meatballs	Mediterranean Lamb Sirloin with Moroccan Couscous, Tzatziki Sauce and Asparagus	Dark Chocolate Almond Bar
<i>Sunday, 30th</i>	Baked Eggs with Sausage and Black Eyed Pea Hash	Protein Style Sirloin Burger with Chipotle Aioli and Yam Wedges	Shrimp with Bahian Sauce	Grilled Lime Chicken with Rosemary Roasted Vegetables	Mango Strawberry Crème with Fresh Fruit