

Menu for the week of March 20th, 2017

	<i>Breakfast</i>	<i>Lunch</i>	<i>Snack</i>	<i>Dinner</i>	<i>Dessert</i>
Monday, 20th	Lemon Poppy seed Muffin_ with Fresh Fruit and Greek Yogurt	Tri Colored Potato, Organic Turkey Bacon Kale Salad with Dijon Vinaigrette	Fresh Berry Parfait	White Fish with Jicama and Pineapple Salsa, Jasmine Rice and Roasted Eggplant	Chocolate Walnut Brownie
Tuesday, 21st	Healthy Baked Eggs Benedict with Turkey Canadian Bacon and Fresh Herbed Tomatoes	Shrimp Tacos	Hawaiian Pizza Bites	Lemon Chicken Breast with Greek Style Potatoes and Asparagus	Peanut Butter Chocolate Chip Cookie
Wednesday, 22nd	Blueberry, Hemp Granola Bowl	Asian Steak Salad with Zen Dressing	Paleo Indian Turkey Meatballs	Salmon with Citrus Glaze, Parsnip Puree and Garlicky Spinach	Caramelized Walnut Baked Apple
Thursday, 23rd	Spinach, Mushroom Breakfast Biscuit_	Chicken Caesar Salad	Bison Sliders with Sliced Tomatoes	Italian Wedding Soup with Mixed Green Salad	Dark Chocolate Almond Bar
Friday, 24th	Maple Cinnamon Yogurt with Quinoa Pudding with Strawberries and Almonds	Calico Bean Stew	Citrus Fruit with Raw Cashews	Filet Mignon with Cabernet Reduction, Wheat Berry Pilaf and Roasted Squash	Tiramisu Cupcake_
Saturday, 25th	Black Bean Breakfast Burrito	Turkey Burger with Chipotle Aioli and Cherry Tomato Salad	White Fish Ceviche with Cucumber Spears	Thai Coconut Chicken Noodle Soup	Mango Mousse
Sunday, 26th	Coconut French Toast with Strawberry Maple Syrup and Fresh Berries	Cajun Garlic Shrimp Noodle Bowl	Red Pepper Hummus with Crudités	Turkey Francaise with Brocollini and Basil Cauliflower Mash	Mojito Crème with Fresh Fruit